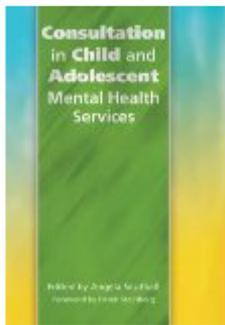


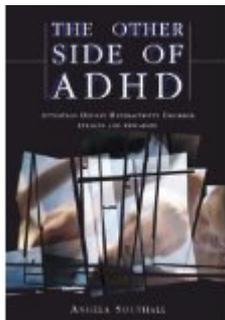
## BOOKS



Southall A (2005). **Consultation in Child and Adolescent Mental Health Services**. Radcliffe Publishing. Oxford.

*'...Every so often a book comes along which makes a difference to thinking and practice, and I think this is one of them. Angela Southall and her collaborators have taken a subject which for many years has occupied the ambiguous position of being regarded as useful in child and adolescent mental health but also somewhat peripheral and placed at the centre of the stage...'*

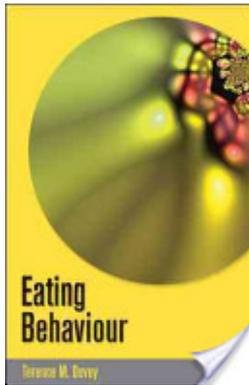
*Foreword: Dr Derek Steinberg, Consultant Child and Adolescent Psychiatrist*



Southall A (2007). **The other side of ADHD**. Radcliffe Publishing.

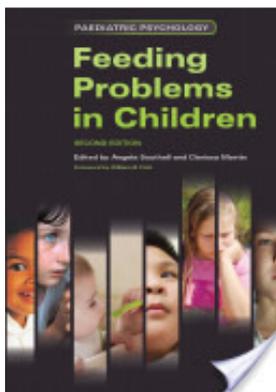
*'..I liked this book a lot, both as a Physician and life long ADHD person. I agree with the author on many issues. There is a big difference between a child with the normal energy and bounce of a child and ADHD, but it is so convenient for marketing fear/misinformation to prevail into a child on meds they should not be taking. Issues like playing outside vs. indoor play may seem trivial but to myself, who still suffers mightily from ADHD, it bears distinction. I also agree with Angela that children's play is over-managed, and that children are often disciplined for simply behaving as children! ..I hope this book makes it into the hands of parents considering meds for ADHD, please try alternatives first, and let your child get plenty of outside play. ThanksAngela!'*

*Dr. Baker3845@gmail.com*



Dovey T M (2010). **Eating Behaviour**. Open University Press. McGraw-Hill Education. New York.

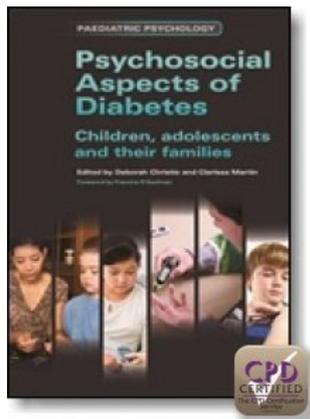
*This text provides readers with a concise introduction to the psychology of eating focussing on the psychological and biological processes that underlie eating behaviour. While insights into eating behaviour that has gone wrong, such as anorexia nervosa and bulimia, are offered, the primary focus is on 'normal' eating behaviour. Eating Behaviour highlights the way that the brain and body control eating, the environmental factors that infiltrate the consciousness to make us think it is time to eat, and childhood, to unravel how eating behaviour develops within the individual.*



Southall, A., Martin, C. (Eds) (2011). **Feeding Problems in children: A guide for health professionals**. Radcliffe Medical Press. Oxford

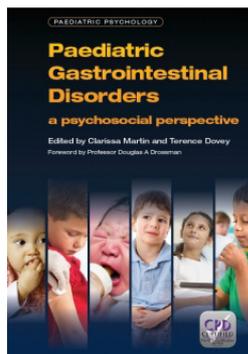
### **Royal College of General Practitioners**

*Featuring contributions from well-known international experts in the field, comprehensive and fully referenced, this book continues to be essential reading for all those practising or training in paediatrics in primary or secondary care, including paediatricians, GPs, gastroenterologists, psychologists, psychiatrists, therapists, paediatric nurses, health visitors and allied health professionals.*



Christie, D., Martin, C. (2012). **Psychosocial aspects of diabetes** (Children, adolescents and their families ) . Paediatric Psychology Series. Radcliffe Medical Press

*The book offers an easy-to-comprehend approach to clinical care and includes practical tools for assessment for all healthcare professionals throughout the text. Featuring contributions from a number of international experts in the field, this thorough and wide-ranging guide is informative reading for all students, academics and professionals with an interest in paediatric psychology and health.*



Martin, C., Dovey T. (Eds) (2014). **Paediatric Gastrointestinal Disorders** ( A Psychosocial Perspective). Paediatric Psychology Series. Radcliffe Medical Press. Oxford

*The medical specialty of paediatric gastroenterology is focused on problems and disorders within the gastrointestinal tract, liver and pancreas of children from infancy until age eighteen. The need for specialists trained in paediatric gastroenterology has been given added impetus in recent years by increasing evidence of the profound impact that many chronic gastrointestinal diseases cause on children's growth and development, as well as by the knowledge that certain gastroenterological conditions are specific to infants. It is clear that the specialty of paediatric gastroenterology is opening doors to future multidisciplinary research and development while looking for a 'whole child' approach.*